

Wednesday 4<sup>th</sup> October 2023

## World Mental Health Day

## Tuesday October 10<sup>th</sup> is World Mental Health Day

We would like to show our support for children and young people's mental health by wearing yellow for the day or something yellow e.g. socks, headband etc. Please don't feel you have to go and buy anything a little yellow will go a long way.

## #Hello Yellow

Let's stand out and show up together and raise awareness for our children's mental health.

There is no charge, we just want to see lots of yellow!

Yours,

The Tree House Team