



## Leen Mills Primary School

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12<sup>th</sup> March 2024

Dear Parent/Carer,

### **FREE After School Fun Fitness Club**

We have external partners, Jelly Fitness, in school to deliver a fun fitness afterschool club session for KS1 children, in years 1 & 2. This will be a FREE six week course each Tuesday after school until 4.15pm, beginning on Tuesday 16<sup>th</sup> April 2024. The club is designed to get children moving in a fun way and develop their skills and knowledge in fitness and healthy eating in order to promote healthy lifestyles.

**Booking by telephone on 0115 9536688 is essential as places are limited.**

The fitness club will be fun, but a sensible attitude and a sense of commitment is necessary to take part. We do expect children who join to attend every week as there are a limited number of places available. The dates that sessions will be held are the 16<sup>th</sup>, 23<sup>rd</sup> & 30<sup>th</sup> of April and the 7<sup>th</sup> & 14<sup>th</sup> of May and the last session will be held on Tuesday the 21<sup>st</sup> of May.

Children will need to bring along a water bottle and outdoor PE Kit, including trainers, as the sessions will be held outside whatever the weather, clothes need to be weather appropriate, please always ensure your child's clothes are named. A healthy fruit snack will be provided at the beginning of the session.

On collection, please go to the conservatory next to the KS2 courtyard at 4.15pm prompt, you will be asked to confirm your child's date of birth as verification of collection.

If your child is interested and understands the commitment involved, please call the school office to book as soon as possible.

Yours sincerely,

*Karen Goldson*  
Head teacher